

AromaSerenity

Aromatherapy Massage & Well-being

Are you tired? Anxious? Stressed?

Do have muscular pain?

Would you like to be a Confidential Case Study during a 5 - 10 week period?

If so come down on

**WEDNESDAYS
4PM TIL 6PM**

at

The Prince of Wales

Children's Centre

Salisbury Road,

Enfield,

EN3 6HG

For more details & bookings contact Nicola on;

 : 07944 631830

 : aromaserenity@btinternet.com

 : @Aromaserenity

- IMPROVE BLOOD CIRCULATION.
- IMPROVES THE NERVOUS SYSTEM.
- HELPS FATIGUE, MENTAL STRESS & SLEEP.
- STIMULATES PRODUCING ENERGY AND A POSITIVE MENTAL ATTITUDE.



ESSENTIAL OILS MASSAGE.

A caring holistic approach, aiming to treat the whole person, using the properties of tailored essential oils and massage to promote physical and emotional wellbeing.

